Being and Becoming Regenerative
Our role in the Anthropocene

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An Ecology
Habitat – People – Buildings – Infrastructure
A Whole Living System

A Whole Living System

Living System Design

Less
Energy required.
Less initial cost;
Less operating cost.

Regenerative
Living Systems / Consciousness

Conventional
Efficiency – doing things right
Technologies & techniques
Fragmented thinking
Quantitative

Technical System Design

Greater
cost

More
Energy required.

Restorative

Sustainable

Effective – doing the right things

Degenerating
Qualitative
Pattern thinking
Living & Whole systems

Conventional

Green

Sustainable

Restorative

Regenerative

Living Systems / Consciousness

Efficiency – doing things right
Technologies & techniques
Fragmented thinking
Quantitative

Regenerative
Degenerating

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The Anthropocene ?
We’ve continually been in the Anthropocene – ever since ‘we’ came to be social animals
California Natives

believe that when humans are gone from an area long enough, they lose the practical knowledge about correct interaction, and the plants and animals retreat spiritually from the earth or hide from humans.

When intimate interaction ceases, the continuity of knowledge passed down through generations, is broken, and the land becomes ‘wilderness’. 
Every Building Project is –

• an acupuncture point in a life-shed
• an opportunity for massive change in communities
Only life regenerates, ‘develops,’ or evolves

The development **process** can be a major catalyst

- **Regenerative**
- **Generative**
- **Degenerative**
Story of Place

Every Place is a unique and whole living organism
Begin with the Whole
Expand **Place**: How big is ‘here’

If you can't solve a problem, enlarge it.
Dwight Eisenhower
Work from the largest manageable system
Fragments and Problems vs. Wholes and Potential
No problems in Nature; only potential
LAS SALINAS
VIÑA DEL MAR | CHILE

COMMUNITY AND CITY
SASAKI ASSOCIATES + REGENESIS | MARCH 25, 2015
Stories

Story of Place = **Essence**

Falling in Love with Life
Old Relationship

Las Salinas

Transactional
(Rewards / Cost-benefits)
New Relationship

Viña del Mar - community and ecological system

Reciprocal - (a dance of mutual benefit and greater potential)
Building a Field of Trust and Reciprocity

- Enthusiastic
- Supportive
- Neutral
- Not Interested

Municipal Planners
- Ritoque
- Juan Mastrantonio
- Luis Olmo
- Jaime Varas
- Carmen Piña
- Marisa Kausel

Luis Alvarez
- Rodrigo Figuera
- Paricia Arellano
- Ganzolo Villar
- Lucas Molina
- Alejandra San Miguel
- Rosa (Junta Veginal)
- Don Rafael (Junta Veginal)

Naval Facility
- Miguel Garcia
- Harken Jensen
Building Fields
through relationships
with meaningful purpose
Basic Principles

• The **health of home (place)** is a unifying driver.

• People want to be in **relationship** with each other.

• People want to be engaged around a meaningful **Purpose** around **Potential**

• It takes **Practice** to do this.
In the end, we will conserve only what we love; we will love only what we understand: and, we will understand only what we are taught.

– Baba Dioum, Senegalese Ecologist
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